# Lysosomal Storage Diseases

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# LYSOSOME



Lysosomes are organelles that contain digestive enzymes They digest excess or worn-out organelles, food particles, and engulfed viruses or bacteria. The membrane surrounding a lysosome allows the digestive enzymes to work at 4.5 pH Lysosomes are created by the addition of hydrolytic enzymes to early endosomes from the Golgi apparatus Lysosomes fuse with vacuoles and dispense their enzymes into the vacuoles digesting their contents

# Lysosomal Storage Disorders (LSDs)

- LSDs result from different acid hydrolase deficiencies in lysosomes
- LSDs include a family of 40 disorders classified according to type of substrate stored, e.g.
  - Sphingolipidoses
  - Glycogenoses
  - Mucolipidoses
  - Mucopolysaccharidoses/Oligosaccharidoses
- Prevalence of >1 per 7700 live births
- Autosomal recessive except for Fabry and MPS II (Hunter)-Xlinked recessive

#### Incidence of Lysosomal Storage Disorders



Meikle et al, JAMA 281:249-254, 1999

### **Lysosomal Storage Disorders**

Accumulation of incompletely degraded glycosphingolipids in intracellular lysosomes leads to characteristic pathology:

- Splenomegaly
  - Pancytopenia
  - Bleeding/bruising
- Hepatomegaly
  - Liver dysfunction
  - Cirrhosis
- Growth, Short stature
  - Bony Involvement
- Pulmonary disease
  - Dyspnea
  - Recurrent infections



# Lysosomal Storage Diseases Treated by Enzyme Replacement Therapy

- Gaucher
- Fabry
- MPS (Mucopolysaccharidoses I, II, IV, VI
- Pompe (GSD Type II)
- Niemann-Pick B
- Wolman

# Case 1: MH 60 y

- Tiredness
- Muscle aches and pains
- Pallor, Anemia
- Hepatosplenomegaly
- Peripheral neuropathy

### Gaucher Disease

- Most prevalent lysosomal storage disorder
- Autosomal recessive deficiency of glucocerebrosidase



### The Enzymatic Defect in Gaucher



### Gaucher Disease:

A multi-system disorder consisting of progressive visceral enlargement and gradual replacement of the haematopoietic system with lipid-laden macrophages



#### The Gaucher Cell

#### The Pathophysiology of Gaucher Disease Monocytes Spleen Bone **Macrophages** Marrow Tissue **Macrophages** Liver Lung Bone CNS **GI Tract Alveolar** Cardiac **Macrophages Kupffer Cells Kidney** (Hepatocytes Spared) **Osteoclasts**

### **Gaucher Disease: Clinical Diagnosis**

### **Common Presenting Signs**

- Asymptomatic hepato-splenomegaly
- Thrombocytopenia and/or anemia with bruising or bleeding
- Fatigue
- Bony lesions with or without symptoms
- Aseptic necrosis of hip
- Growth retardation in children or delayed puberty in adolescence

### **Enzymatic Diagnosis**

- Confirmed Diagnosis of Gaucher Disease by assay of enzyme activity (glucocerebrosidase)
  - Blood sample ( leukocytes or white blood cells
  - Skin biopsy (cultured fibroblasts)
  - Mutation analysis
    - 97% Jewish mutations in panel (N370S, L444P)

## **Enzyme Replacement Therapy**

ERT reverses the anemia, thrombocytopenia and organomegaly in the first 12 mths

Clears the storage of glucocerebroside from the bone marrow in 24 months.





Effectiveness of Enzyme Replacement Therapy in 1028 Patients with Type 1 Gaucher Disease after 2 to 5 Years of Treatment: A Report from the Gaucher Registry

Neal J. Weinreh, MD. Joel Charrow, MD, Hans C. Andersson, MD. Paige Kaplan, MD, Edwin H. Kolodoy, MD. Prauod Mustry, MD. Gregory Pastores, MD, Barry E. Rosenbloom, MD. C. Ronald Scott, MD, Relsecca S. Wappner, MD, Ari Zimran, MD

# Case 2: RM 40 Y

- Several year history of:
- Fatigue
- Swelling of feet
- Anxiety
- Irritable bowel syndrome

### **Corneal Opacities**



# Angiokeratomas



# **RM's Family**



# **Fabry Disease**

- X-linked inborn error of metabolism
- U.S prevalence estimated at 2000-4000
- Deficient  $\alpha$ -Galactosidase A ( $\alpha$ -GAL) activity
- Progressive globotriaosylceramide (GL-3) accumulation in tissue leading to end organ impairment
- Key pathology: vascular endothelial deposition

## **Diagnosis of Fabry Disease**

- Presumptive diagnosis
  - Observation of symptoms and laboratory findings
  - Family history/medical pedigree
- Definitive diagnosis
  - Enzyme assay in plasma, leukocytes, tears, or biopsied tissue (Males)
  - Gene mutation analysis (Females)

# Fabry Disease

Resembles the progression of atherosclerosis
 rather than a
 Lysosomal Storage
 Disorder



### Fabry Disease: Progressive Accumulations

Renal insufficiency is the result of decades of progressive nephron loss and early strokes. Figure illustrates the destructive consequences of the GL-3 accumulation



### Alpha GAL treatment

- Alpha GAL clears the GL-3 substrate to normal or near normal levels
  - Kidney, Heart, skin but not the corneal whorls

### Primary Endpoint GL-3 Is Cleared From Peritubular Capillary Endothelium



**Pre-treatment** 

**Post-treatment** 

### RM's Px:

## Fabrazyme, aspirin and lisinopril

- Amelioration of ankle swelling
- Sweating noted for the first time
- Anxiety, paranoia improved
- Sex life improved
- GI symptoms improved
- Microalbuminuria persistent
- Angiokeratoma persistent

# RM's female relatives have milder symptoms



# Fabry disease should be considered in males and females with these signs:

- Periodic crises of severe pain in the extremities (acroparesthesias)
- Vascular cutaneous lesions (angiokeratomas)
- Hypohidrosis
- Characteristic corneal and lenticular opacities
- Stroke
- Left ventricular hypertrophy
- Renal insufficiency of unknown etiology

# Case 3: JW 60 y

- 20s waddling gait
- 30 back pain
- 30s weakness, walks with sway back
- Proximal limb girdle weakness
- PFTs-diaphragmatic dysfunction

# Case 3: JW 60 y (con't)

- Brother diagnosed with Pompe recently
- 2 mutations
  - Deletion GG c.1951-1952 --> termination codon
  - C. 336-13 T>G change in first intron
    - (affects splicing exon 2, seen in 36% to 90% of late-onset Pompe disease and not associated with the infantile-onset form, leads to a leaky splice site resulting in diminished, but not absent, GAA enzyme activity)

### Pompe Disease GSD II

Acid maltase deficiency acid a-glucosidase (GAA) catalyzes  $\alpha$ -1,4- and  $\alpha$ -1,6-glucosidic linkages at acid pH.

Autosomal recessive inheritance (European descent, 1:100 K infantile onset, 1:40-60K late onset)

Accumulation of glycogen in tissue

No/minimal CNS involvement

Classical Infantile Form (<1% GAA activity)</li>

-death in first year of life

-severe hypertrophy cardiomyopathy with cardiomegaly

-severe myopathy (hypotonia, muscle weakness)

•Juvenile (5-10% GAA activity) & Adult Forms (10-30 % GAA). Later onset; no cardiac involvement, mild-moderate myopathy, many become ventilator-dependent

### Pompe Disease: Infants





### Myopathy





### Hypertrophic Cardiomyopathy

### Pompe Disease: Older Patients

#### **Skeletal Muscle Weakness**







#### **Respiratory Muscle Weakeness**



#### **Autosomal Recessive**



# **Diagnosis of Pompe**

- Serum creatine kinase (CK) concentration is uniformly elevated (as high as 2000 IU/L; normal: 60-305 IU/L) in classic infantile-onset
   Pompe disease and in the childhood and juvenile variants, but may be normal in adult-onset disease
- Urinary oligosaccharides. Elevation of urinary glucose tetrasaccharide
- Acid alpha-glucosidase (GAA) enzyme activity. GAA enzyme activity analysis on dried blood spots

 Targeted mutation analysis. Individual could be tested first for one of the three common mutations p.ASP645Glu, p.Arg854X and common adult c. -36-13 T>G — before proceeding to full sequence analysis. Pathophysiology of Pompe disease. GAA, acid alphaglucosidase; UDP, uridine diphosphate.



GAA = acid alpha-glucosidase; UDP = uridine diphosphate.

# Accumulation of glycogen in a muscle cell



# **Clinical Presentation**

	Classical Infantile	Non-classical Infantile	Juvenile	Adult
Age of Onset (yrs)	<0.5	<1	2 - 15	>15
Age of Death (yrs)	<1	1st decade	2 - 30	>15
Enzyme Activity (%)	<1	1-5	5 - 10	5 - 30
% of Patients	4:1		75%	
Clinical Symptoms	Hypertrop Cardiomy	ohic opathy	Respira Proximal Muscle	tory Failure Weakness



#### **Pre-treatment**

#### **Post-treatment**

Semithin sections (0.5 micron) of quadriceps muscle stained with toluidine blue, X 198.

A: Pre-treatment biopsy of Patient 103.

B: Biopsy of same patient following 13 weeks treatment with rhGAA.

# ERT Studies in Infantile Pompe Clinical Summary: Infantile Patients

- 15 / 16 alive
  - Age: 25 months (9 42)
  - Duration of treatment: 21 months (4 35)
- Robust myocardial response
  - Rapid and uniform improvement of hypertrophic cardiomyopathy
  - No cases of cardiac failure / medications
- Respiratory status
  - 10 / 16 ventilator-free

# Response to Treatment depends on a variety of factors: severity at time of treatment, genetic background





### Case 3

- Normal at birth
- URTIs
- Developmental delay
- Coarse features
- Large protuding tongue
- Cloudy corneas
- Hepatosplenomegaly
- Gibbus



### Mucopolysaccharidosis I (MPS I)

- Deficiency of  $\alpha$ -L-iduronidase
- Progressive accumulation of glycosaminoglycans (dermatan sulphate)
- Multi-systemic, heterogeneous
- Severe morbidity and early mortality
- Rare (est. incidence 1:100,000)





### **MPS Disorders Biochemistry**



Iduronidase deficiency causes a block in the sequential breakdown steps of glycosaminoglycans e.g. dermatan sulfate degradation

### The Mucopolysaccharidoses (MPS)

- Caused by deficiency of enzymes catalyzing the degradation of mucopolysaccharides
- Glycosaminoglycans accumulate to very high levels in lysosomes
- Lysosomes dysfunction/break resulting in impaired cell function and/or death.

### The Mucopolysaccharidoses

<u>Disorder</u>	<u>Eponym</u> <u>De</u>	fective enzyme Ge	ne localizati	ion/Metak	<u>polite</u>
MPSI-H MPS I-S MPS-H/S MPS II MPS III A MPS IIIB	Hurler Scheie (former V Variants Hunter Sanfilippo A Sanfilippo B	α–iduronidase ) α–iduronidase α–iduronidase Iduronate-2-sulp Sulphamidase α-N-Acetylglucosa	ohatase minidase	4p16.3 4p16.3 4p16.3 Xq28 17q21	DS, HS DS, HS DS, HS DS, HS HS HS
<b>MPS IIIC</b>	Sanfilippo C	Acetyl CoA:α-glu	cosamidas	se	
MPS IIID	Sanfilippo D	acetyltransferase N-Acetylyglucosa 6-sulphatase	amine	8p11 12q14	HS HS
MPS IV A	Morquio A	Galactose 6 sulp	hatase	16q24	KS, CS6
<b>MPS IV B</b>	Morquio B	β-galactosidase		3p22.3	KS
MPS VI	Maroteax-Lamy	N-Acetylgalactos	amine	5q13	DS
		4-sulphatase			
MPS VII	Sly	β-glucoronidase		<del>7</del> q21-q22	DS, HS, CS4, 6

DS dermatan sulphate, HS heparan sulphate, CS6 chondroitin-6-sulfate

### Liver Storage in MPS I: foamy vacuoles



### MPS | Clinical Spectrum

### Hurler Hurler-Scheie Scheie



#### All patients typically have <1% of normal enzyme levels

### Spectrum of Disease

Severe	Intermediate	Mild
Hurler MPS I H	Hurler-Scheie MPS I H/S	Scheie MPS I S
<ul> <li>Severe mental retardation</li> <li>More progressive</li> <li>Severe respiratory disease</li> <li>Obstructive airway disease</li> <li>Death before age 10 years</li> </ul>	<ul> <li>Little or no intellectual defect</li> <li>Respiratory disease</li> <li>Obstructive airway disease</li> <li>Cardiovascular disease</li> <li>Joint stiffness/contractures</li> <li>Skeletal abnormalities</li> <li>Decreased visual acuity</li> <li>Death in teens and 20's</li> </ul>	<ul> <li>t. Normal intelligence</li> <li>Less progressive</li> <li>physical problems</li> <li>Corneal clouding</li> <li>Joint stiffness</li> <li>Valvular heart diseas</li> <li>Death in later decade</li> </ul>

## Case 4. What is the diagnosis?



# Springolipidoses: Tay Sachs

- Hexosaminidase A deficiency: Intralysosomal storage of glycosphingolipid GM2 ganglioside
- Weakness and loss of motor skills at 3-6 months
- Decreased attentiveness, increased startle response
- Cherry-red spot of the fovea centralis of macula
- Normal-sized liver and spleen
- Progressive neurodegeneration- seizures, blindness, spasticity, death before 4 years
- Symptomatic treatment

#### 3-gene system of hexosaminidase A activity



The GM<sub>2</sub> gangliosidoses

# Testing

- Mutation analysis of the 3 genes for hexosaminidase A enzyme
  - HEXA, HEXB, activator protein
  - Need to distinguish pseudodeficiency from disease-causing alleles
  - 3 common mutations account for 94% of heterozygotes in Ashkenazi Jewish population
  - Carrier Freq population 1/250, Ashkenazi 1/30

### Treatment of LSDs Enzyme replacement therapy

### **Disease** Gaucher Disease

- Fabry Disease
- Hurler, Mucopolysaccharidosis (MPS) I
- Maroteaux-Lamy, MPS VI
- •Hurler MPS II
- Pompe Disease
- Niemann-Pick B Disease

### **Current Status**

- Approved 1991
- **Approved 2001**
- Approved 2003
- Approved 2005
- Approved 2006
- Approved 2006
- Trial

### Cost of Enzyme Replacement Therapy

**Cerezyme avg cost \$138,00 per year** 

Fabrazyme avg cost \$180,000 per year

Aldurazyme avg cost \$150,000 per year

Myozyme avg cost >\$200,000 per year

- 96% of the cases in US are covered by insurance
- Orphan Drug Act-Compassionate Drug Program
  - Finances should never restrict therapy

UC Irvine Lysosomal Storage Diseases Program Number of patients:

- 3 Gaucher
- 23 Pompe
- 1 Hunter
- 39 Fabry
- 2 Wolman

## Newborn Screening for LSD

- California NBS for LSDs <u>https://www.cdph.ca.gov/Programs/CFH/DGDS/Pages/nbs/</u> <u>NBS-Disorders-Detectable.aspx</u>
- Glycogen Storage Disease (Pompe)
- Mucopolysaccharidosis Type I

# LSD Research at UCI

# Substrate Inhibition in the Lysosomal Disorders

### ERT versus Substrate Inhibition



Gaucher Disease: Clogs up the drain ERT: Unclogs the drain



Normal equilibrium:

Faucet running with sink draining



Substrate Inhibition: Turns Down the Faucet

### **Glycosphingolipid Pathways**



### **Gene Therapy**



- An approach of treating diseases by:
- Replacing a mutated gene that causes disease with a healthy copy of the gene.
- Inactivating, or "knocking out," a mutated gene that is functioning improperly.
- Introducing a new gene to combat disease.



## **Gene Therapy**

Over expressing genes serves as a biological enzyme pump that delivers the normal enzyme Pre-clinical and clinical studies in several LSDs: Pompe Fabry MPS-I/II

Gaucher Niemann Pick



- Identify diseases early so they are amenable to Px
- Increasing molecular insight inevitably suggests novel therapeutic avenues

# New strategies for treating genetic disorders

# Keep taking those pedigrees! HCPs have a unique role in identifying familial/genetic disorders



# LYSOSOMAL DISEASES QUESTIONS Question 1

Fabry disease is characterized by the following clinical features except:

A. Increased sweating

B. Hypertrophic cardiomyopathy

C. Kidney failure

D Strokes

E Acroparasthesis

# **Question 2**

A gentleman has a long history of tiredness, pallor and anemia. Suspicious for Gaucher disease. What are the features that are suggestive of this diagnosis:

a) Hepatosplenomegaly

b) Muscle weakness

- c) Skin angiokeratomas
- d) Cardiomyopathy

# **Question 5**

Pompe disease:

- A. Is associated with storage of lipid
- B. Affects cognitive function
- C. Therapy is with vitamin replacement
- D. Is associated with a cherry red spot
- E. Is associated with a myopathy

## Reference:

Genereviews

http://www.ncbi.nlm.nih.gov/books/NBK1261/

<u>http://trailers.apple.com/trailers/independent/extraordin</u> <u>arymeasures/</u>

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