

UCI Health

Advanced Practice Providers Program

ADVANCED PRACTICE NEWS



FALL 2020 ISSUE 2

Advanced Practice News

INSIDE THIS SPECIAL EDITION ISSUE

- 2 A Message From Our Director of Advanced Practice Providers
- 3 A Message From the Interim CNO
- 4 Happy National NP Week
- 5 APP Research Hub
- 6 APC Committee Meetings
- 6 Call for "Grand Rounds" Speakers
- 7 Upcoming Newsletter Features
- 8 Spotlight on APP Achievements for October/November 2020
- 9 Social Media Launch

EDITORIAL STAFF

EDITOR-IN-CHIEF

Vasco Deon Kidd, DHSc, MPH, MS, PA-C
Director of Advanced Practice Providers

EDITOR

Mei Deng
Finance Analyst

CONTRIBUTORS

Mara Rosalsky, MSN, RN
Interim Chief Nursing Officer

Arielle Bivas, NP
Department of Urology

OUR VISION STATEMENT

The UCI Health Advanced Practice Providers Program aims to be a leader in **patient-centered care, research, and "top of the license practice."** We believe that when APPs are used to their fullest potential, the entire healthcare system benefits.

A MESSAGE FROM OUR DIRECTOR OF ADVANCED PRACTICE PROVIDERS

VASCO DEON KIDD, DHSC, MPH, MS, PA-C



I would like to warmly welcome you to the special edition of the APP quarterly newsletter in celebration of National Nurse Practitioner Week. It gives me great pleasure to acknowledge and recognize the many outstanding contributions of our devoted NP workforce such as providing compassionate, patient-centered care and research to training the next generation of nursing leaders.

UCI Health NPs can be found in all medical specialties, including fighting on the frontlines against COVID-19. Our specialized NP workforce is highly regarded and continues to be a valuable partner in helping our clinical enterprise respond aggressively to this pandemic. If there is one thing the COVID-19 pandemic has taught us, is that we must all work together to transform our health care delivery system so that it is more equitable, inclusive, affordable, and efficient. This transformation can only occur one patient at a time. Please take the opportunity to show your support and appreciation to our gifted and talented NP workforce.

Lastly, my thoughts and prayers go out to all those affected by the tragic fires. I hope for a full recovery for those impacted by the fires. Thank you for taking such good care of our patients during this turbulent time. Be safe and stay strong.

Best regards,

Vasco Deon Kidd

A MESSAGE FROM THE INTERIM CNO

MARA ROSALSKY, MSN, RN, INTERIM CHIEF NURSING OFFICER



The Advance Practice Nurse was born in 1965 as the result of the Vietnam War ending with increasing numbers of patients needing access to care. Medicare/Medicaid expanded coverage to low income women, children, elderly and the disabled. By 1973, 65 NP programs were developed across the country. This new controversial role raised questions around the quality of care provided. Mary O'Neil Mundingher answered those questions in her 1994 publication "Advanced Practice Nursing—Good Medicine for Physicians" in *The New England Journal of Medicine* determining that the advanced practice nurse's care was "indistinguishable from their physician counterparts."

Today there are more than 290,000 nurse practitioners across the country. This has grown by 65,000 professionals in just the past 5 years. 134 are employed with us at UCI.

Caring in various practice settings (OR, L&D, Emergency Medicine, Family Medicine, Pediatrics, Critical Care, etc) our advanced practice nurses provide irreplaceable care for our community. Our team functions better because you are with us, contributing to what makes UCI a nationally renowned health care organization.

I continue to be in awe of how our nurses pull together to create a culture of teamwork, service, safety, inclusion, and excellence.

You are our village and thank you for your service.

Best regards,

Mara Rosalsky



HAPPY NATIONAL NP WEEK

ARIELLE BIVAS, NP

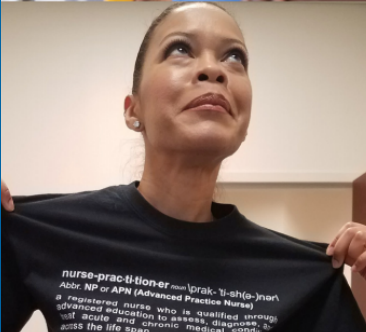
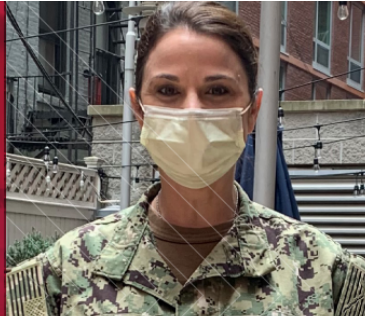
For 84 million Americans, health care access is a real challenge. Out of a demand for more providers for these patients in need, the nurse practitioner (NP) profession has grown over 50 years to fill a vital role in America’s health care system. Today, millions of Americans count on NPs as their health care provider of choice. In fact, patient satisfaction with NPs is at an all-time high, and 80% of adults have been treated or know someone who has been treated by an NP.

Working hand-in-hand with other licensed health care professionals, NPs improve the responsiveness and efficiency of our health care system. As clinicians who blend clinical expertise with an emphasis on disease prevention and health management, NPs bring a comprehensive perspective to patient care.

From primary care to acute and specialty care, NPs provide high-quality health care for all types of patients. For many families, NPs serve as exclusive providers of primary care and patients choose NPs for more than a billion visits each year.

There are more than 26,000 NPs in California, which make up for 9% of NPs nationwide. In every state, NPs assess patients, order and interpret tests, make diagnoses and provide treatment — including prescribing medications.

During National Nurse Practitioner Week, UCI is celebrating the outstanding contributions of nurse practitioners. This week, be sure to thank NPs for delivering care patients trust!



APP RESEARCH HUB

UCI Health Advanced Practice Providers Program is proud to announce the imminent launch of the APP Research Hub coming in 2021. This initiative aims to provide tools and resources to support Advanced Practice research, innovation, and creative activities.

The APP Research Hub will provide APPs the opportunity to explore and evaluate new ideas, learn about research design and methodology, participate in collaborative research projects, and contribute to the body of knowledge.

The APP Research Hub is available to all those who have a potential interest in research and those looking to advance their research interests. In the not-too-distant future, we will be setting up a series of Zoom meetings to discuss this new scholarly platform and how it will be operationalized.

If you would like to be a part of the Zoom meetings, please reach out to Vasco Deon Kidd, DHSc, MPH, MS, PA-C (vkidd@hs.uci.edu) or Steven Bereta, MS, RN, FNP-C (sbereta@hs.uci.edu) for more details.

More information will be forthcoming. Stay tuned!



APC COMMITTEE MEETINGS

The APC Committee is opened to all advanced practice providers. We would love to see more people attend and become involved.

If you have any questions, concerns, would like to share something with the council, or attend one of our council meetings, please feel free to email Michael Marino, FNP-C, CRNA (mmarino1@hs.uci.edu). A friendly reminder that the APC meets the second Monday of each month.

Past minutes are available online at app.health.uci.edu/committee. Please email Mei Deng (meiweid@hs.uci.edu) for password access.

The Brain



CALL FOR "GRAND ROUNDS" SPEAKERS

We're in the process of compiling a list of potential speakers for our Grand Rounds. If you are interested in giving a presentation on a clinical topic, public health initiative, or legislative update, please reach out to Nicole Vidal, NP (nvidal1@uci.edu) for further details.



UPCOMING NEWSLETTER FEATURES

In 2021, we will be launching two new features to our quarterly newsletter titled "Day in the Life" and "APP innovations."

The "**Day in the Life**" feature will provide a snapshot into the typical day-to-day of a clinically practicing APP. This new feature will bring greater visibility to the important work you all do.

The second feature will highlight an "**APP Innovation**" that helps improve patient care and safety outcomes. Examples of innovative projects include improving length of stays, falls, catheter-associated urinary tract infections (CAUTIs), surgical site infection (SSI) rates, timely access to care, etc. These are but a few examples of projects that would qualify for this section of the newsletter.



SPOTLIGHT ON APP ACHIEVEMENTS FOR OCTOBER/NOVEMBER 2020



The purpose of this section is to recognize any achievements of the APP workforce during the months of October and November 2020. Future newsletters will continue to highlight APP awards, research publications, book chapters, poster presentations, and leadership nominations in your professional associations or at UCI Health. We firmly believe in giving spotlight to our amazing and dedicated APP workforce.

Kimberly Navaro, NP, PhD(c)

- **Kimberly Navaro** was appointed as a member of the Board of Directors at Maya Midwifery International. She is a dually certified Nurse Practitioner and Certified Nurse Midwife. Kimberly is passionate about ameliorating maternal health racial disparities, combating maternal mortality, and providing high quality healthcare to marginalized communities globally.

Cassie Poole, MS, PA-C

- **Cassie Poole** was awarded the 2020 ARIISE Award winner for Integrity. The ARIISE Awards are presented to six individuals and one team or department who best exemplify UCI Health's core values.

Vasco Deon Kidd, DHSc, MPH, MS, PA-C

- **Kidd, VD**, Lowe, A. Luu, B, Kayingo, G (2020). Advanced Pharmacology for Prescribers textbook. Main author for chapter 9 entitled, Responsible Controlled Substance Prescribing. Springer Publishing Company.

SOCIAL MEDIA LAUNCH

We're excited to announce that in addition to our newly launched website, we are also launching our new social media channels on Facebook, LinkedIn, and Twitter. Please take a moment to visit us and like/follow!

app.health.uci.edu

[@ucihealthapp](https://www.facebook.com/ucihealthapp)

We look forward to bringing you all the latest and greatest information and connecting with you. We encourage you to contribute and share our brand new social media content with your friends, family, and co-workers.

